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living MAGAZINE

JULY 2019

MEMORIAL



LOCAL HAPPENINGS,
COMMUNITY EVENTS,
AND MORE...



YOUR SMILE. OUR PASSION.

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SPIKER DAVIS, DDS AND MATTHEW GUERRE, DDS

“Your Smile is Our Focus”

Dr. Spiker Davis and Dr. Matthew Guerre understand that first impressions are everything. Take your smile, for instance. A survey conducted by the American Academy of Cosmetic Dentistry confirms that first positive impressions all come down to the power of an attractive smile. It's why one of their passions is cosmetic dentistry, but this dynamic duo takes it a step further and applies the concept of making a great impression during your office visits, too.

“Our modern office, amazing team, and new patient exam will blow you away,” Dr. Davis says. “We've left no stone unturned to create the ultimate, individualized patient experience. And we only see one patient at a time, giving you our undivided attention. Our office doesn't support the cattle call model of care!”

“Our goal is simply to be the best dental team you've ever been to. We aim to become your lifetime dentist,” says Dr. Guerre.

Even anxious new patients love Cosmetic Dental Associates and rest easy knowing sedation dentistry—oral conscious sedation and nitrous oxide—are available when appropriate.

“We cater to cowards and show them that dental visits with us can be pleasant,” Dr. Davis says with a smile. “We have a lot of converts!”

PREVENTION AND HEALTH

Caring for the entire family, Cosmetic Dental Associates provides comprehensive services from routine exams and cleanings to full mouth rehabilitation, dental implants, TMJ dysfunction, teeth whitening, and one-of-a-kind smile makeovers. While they expertly treat patients with advanced dentistry, they'd be happy if you never have a cavity to fill or gingivitis to treat.

“Studies confirm that oral health and overall health are closely linked,” Dr. Davis says. “We educate our patients about the importance of taking preventive measures with a focus on health and nutrition, and how changes in certain habits can make a big difference. One of our themes is ‘floss or die,’ since about 25 percent of heart attacks and strokes can be linked to gum disease.”

They also look for telltale signs of clenching and grinding, and acid reflux.

“When teeth are pitted, acid reflux is often involved. We refer the patient to a gastroenterologist after ruling out some other possible causes,” Dr. Guerre says. “Concerning clenching and grinding, we offer custom mouth guards and other treatment options.”

Dr. Davis says a healthful diet is paramount to maintaining your overall health and your oral health. “My health changed dramatically when I changed my diet. When your body's health is good, your oral health will reflect this and vice versa. It's all connected. We talk with our patients about what they can do to achieve optimal health.”

BREATHE EASIER, IMPROVED QUALITY OF LIFE

Obstructive sleep apnea (OSA) is a life-threatening condition that causes low energy, exhaustion, sleepiness throughout the day, and increased risk of cardiovascular disease, to name a few. “We take a multidisciplinary approach,” says Dr. Guerre, “and treat mild to moderate cases with a custom-made oral appliance that helps keep the airway open as you sleep.”

“Our oral appliance can be a great solution for people who cannot tolerate a CPAP. For more severe OSA cases, we can design a custom mouthpiece that works with a CPAP, making it more comfortable,” Dr. Davis adds.

DROP DEAD GORGEOUS SMILES

Drs. Davis and Guerre are among the very best cosmetic dentists and members of the acclaimed American Academy of Cosmetic Dentistry. They work hand-in-hand with each patient to understand their goals, likes, and dislikes, then custom-design an attractive smile that fits their personality and facial structure. Cosmetic Dental Associates even has an on-site laboratory that fabricates restorations and cosmetic solutions.

If you want to test drive your new smile before treatment begins, Drs. Davis and Guerre offer a couple of different ways to do this.

“We take your picture then use cosmetic imaging software to show you what you can look like,” Dr. Davis says. “It's like trying on an outfit before you buy it. And you can take pictures with you to show friends and loved ones.”

Modifiable temporaries are also a popular “try on” option that provide a real-life, 3D perspective. “If you want to change something, we can modify the temporary until you are completely happy,” Dr. Guerre says.

Matthew Guerre, DDS grew up in Nashville, Tennessee. He earned his DDS degree from LSU School of Dentistry. With over 200 hours of continuing education, his skilled expertise includes dental implant restorations, crowns, bridges, geriatric, and cosmetic dentistry. He has received advanced training in cosmetic bonding and his Level 1 sedation license enables him to administer oral sedation for high anxiety patients. He is a member of numerous professional organizations, including the American Academy of Cosmetic Dentistry.

Visit CosmeticDentistsHouston.com to read their complete bios.

NO GRINDING, NO SHOTS

If getting your teeth ground down for veneers is holding you back, Drs. Guerre and Davis have the perfect solution. Their “no-grind,” no shots custom-made veneers conserve the natural tooth structure. They also offer advanced cosmetic bonding. The material is stronger and more translucent than bonding of the past, which enables them to create teeth with depth and luminosity that mimics your natural teeth.

“Bonding is more affordable than veneers, and we can remove or add material to shape teeth to perfectly suit each patient,” Dr. Guerre says.

MORE ABOUT DR. SPIKER DAVIS AND DR. MATTHEW GUERRE

Native Texan Spiker Davis, DDS, FAGD, MAGD, AACD is one of Houston's premier smile makeover experts with a list of clients who are among the Who's Who of Houston. The award-winning dentist is an accredited member of the American Academy of Cosmetic Dentistry, a Fellow and Master of the Academy of General Dentistry, has been an adjunct professor at the University of Texas dental school, and lectures internationally on cosmetic dentistry techniques and technology.

Matthew Guerre, DDS grew up in Nashville, Tennessee. He earned his DDS degree from LSU School of Dentistry. With over 200 hours of continuing education, his skilled expertise includes dental implant restorations, crowns, bridges, geriatric, and cosmetic dentistry. He has received advanced training in cosmetic bonding and his Level 1 sedation license enables him to administer oral sedation for high anxiety patients. He is a member of numerous professional organizations, including the American Academy of Cosmetic Dentistry.

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ACCEPTING NEW PATIENTS

Patients travel from around the country to Cosmetic Dental Associates. Luckily, they are right here in your community and see patients of all ages. Call today to schedule an appointment. Most dental insurance plans are accepted.



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